## Uniform Update/Reminder

It is imperative that all Soldiers get this Update and that all Soldiers read AR 670-1, Wear and Appearance of Army Uniforms and Insignia, dated 3 February 2005.

There have been numerous violations by Officers and Enlisted Soldiers of the proper wear of the Army Uniform. Below are the policies/regulations on some of these violations.

## Headgear:

- Attached policy, NVMD-LOG #05-17 dated 1 Oct 05, gives specific details on the official headgear for the state. You are still authorized to wear your beret during the normal duty week.
- Wear of baseball caps is PROHIBITED while wearing any Army uniform. This
  includes the full time force (AGRs/Technicians).
- The only authorized headgear, other than patrol caps and berets, that is approved
  is the Black TAC Hat and the "Round Brown" Drill Instructor (DI) hat worn by
  instructors at the 421<sup>st</sup> RTI. This headgear will only be worn during IDTs and
  ATs.
- Soldiers will not attach HEADGEAR to the uniform or hang it from the belt and headgear will not protrude from the pockets.

Remember that the requirement to wear headgear with the uniform extends outside the armories i.e. Gas Stations, Food Establishments, Grocery Stores, etc.

**Boots:** Brown boots will only be worn with ACUs and DCUs. Wearing of brown boots is unauthorized with BDUs unless the Soldier(s) are preparing for deployment to the theater. This gives the Soldier(s) a period of time to break in the boots. Again, if you have ACUs do not wear the brown boots with BDUs.

## Earplugs and Case:

Attached policy, NVMD-LOG #03-06 dated 21 Oct 03, gives specific guidelines on the wear of the earplug case and ear plugs. It basically states that earplugs and earplug case are part of the uniform for ACUs/BDUs/DCUs and will be worn at all times. The case with earplugs will be hung from either inner front belt loop.

Wear of Eyeglasses/Sunglasses: Eyeglasses or sunglasses that are trendy, or have lenses or frames with initials, designs, or other adornments are not authorized for wear. Soldiers may not wear lenses with extreme or trendy colors, which include but are not limited to, red, yellow, blue, purple, bright green, or orange. Lens colors must be traditional gray, brown, or dark green shades. Personnel will not wear lenses or frames that are so large or so small that they detract from the appearance of the uniform. Personnel will not attach chains, bands, or ribbons to eyeglasses. Eyeglass restraints are authorized only when required for safety purposes. Personnel WILL NOT HANG eyeglasses or eyeglass cases on the uniform, and may not let glasses hang from the eyeglass restraints down the front or back of the uniform.

Physical Fitness Uniform: When doing physical fitness at our government armories either wear the Army Physical Fitness Uniform or appropriate civilian type attire.

You can only wear ONE electronic device on the belt of the uniform; either cell phone, pager or blackberry.

The Shoulder Sleeve Insignia (SSI) — Unit Patch is centered on the hook and loop-faced pad already provided on the left sleeve of the ACU coat. Centered is considered between the bottom of the pocket flap and the bottom of the pocket.

As we start the winter months I need to remind everyone that the Black Fleece Coat cannot be worn with BDUs. They can wear the Black Fleece Jacket with ACUs and DCUs. Soldiers have the BDU Gortex they can wear with their BDUs.

The Army is a uniformed service where disciplined is judged, in part, by the manner in which a Soldier wears a prescribed uniform, as well as by the individual's personal appearance. Therefore, a neat and well-groomed appearance by all Soldiers is fundamental to the Army and contributes to building the pride and esprit essential to all effective military force. It is the responsibility of commanders to ensure that military personnel under their command present a neat and Soldierly appearance. All personnel will maintain a high standard of dress and appearance. Uniforms will fit properly; trousers, pants, or skirts should not fit tightly; and personnel must keep uniforms clean and serviceable and press them as necessary. Remember, there are specifics for what uniforms you can and cannot press.

Soldiers that violate the policies and regulations on Wear and Appearance of Army Uniforms and Insignia will be <u>disciplined</u>.

Noncommissioned Officers are the standard bearers for uniforms and will set the example at all times.

Questions on this or the regulation/policies will be directed to your chain of command,

STEPHEN A. SITTON

CSM, NVARNG

State Command Sergeant Major "EVERY SOLDIER MATTERS"

"EVERY SOLDIER COUNTS"